

CORONADO UNIFIED SCHOOL DISTRICT Wellness Committee Meeting

Thursday, March 21, 2019
3:30-4:30pm
District Office Board Room
201 Sixth Street
Coronado, CA 92118

*“Do something today that your future self will thank you for.”
-anonymous*

Time	Item	Who?
3:30-3:40	<u>Welcome and Introductions</u>	Charity
3:40-3:55	<u>CUSD Wellness</u> <ul style="list-style-type: none"> • Community engagements/happenings • Wellness policy updates, second read • Wellness policy awareness <ul style="list-style-type: none"> ○ To be included in registration 	Group
3:55-4:25	<u>Priorities for sy 2018/19</u> <ul style="list-style-type: none"> • Goals: Decreased screen time and awareness across the district <ul style="list-style-type: none"> ○ Screen-free week April 29-May 3, 2019 <ul style="list-style-type: none"> ▪ Promotion week ▪ All principals on board ▪ Site happenings • Wellness website for information & newsletters • https://coronadousd.net/departments/food-services-student-nutrition/cusd-wellness-policy/ 	Group
4:25-4:30	<u>Announcements</u>	Group

UPCOMING CUSD WELLNESS COMMITTEE DATES for sy 2018/19

CUSD District Office Board Room

- Last Thursday of the month: May 30th, 2019 – discuss sy 2019/20 committee goals

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